

Immersion *Itinerary*

Your Journey, Day by Day

Day 1

Arrival & Settling In

7:10am
Nadi Airport--> Savusavu
8:10am
Transfer into Savusavu Town
10am
Bus Across To Kioa Boat
12pm
Boat Across To Kioa Island
Traditional Welcome/Lunch/Village Tour
Settling In/Explore Time
Dinner
Kava Evening

Day 2

Culture & Education

6:30am
Morning Contemplations (Coffee Shop)
8am
Breakfast
School Visit
Lunch
Basket Weaving
Coconut Demo
Dinner

Day 3

Nature & Adventure

6:30am
Morning Contemplations (Coffee Shop)
8am
Breakfast
Canoe & Snorkel
Lunch
Hike
Dinner
Pack Bags

Day 4

Relax & Recharge

6:30am
Morning Contemplations (Coffee shop)
7:30am
Breakfast & Goodbyes
9:15am
Boat/Bus Back to Savusavu
Transfer To AirBnB
12:30ish
Settle In/Unwind/Lunch
1:30pm
Session 1
3pm
Massages/Pool
6pm
Dinner
7:30pm
Evening Meditation

Day 5

Dive In & Explore

6:30am
Morning Contemplations
7:30am
Breakfast
9am
Session 1
10:30am
Session 2
1pm
Lagoon Snorkel & Picnic Lunch
4:30pm
Freshen Up @ AirBnB
6pm
Dinner @ Nawi Island

Day 6

Reawaken & Reflect

6:30am
Morning Contemplations
7:30am
Breakfast
8.30am
Session 1
10am
Morning Tea
10:30am
Waterfall Hike
1pm
Lunch
2pm
Session 2
3:30pm
Savusavu-Town Visit
6pm
Dinner
7:30pm
Meditation & Closing session

